

For more information please contact

GM CommunityDevCo Ltd

Floor 3

Unique Enterprise Centre

Belfield Road

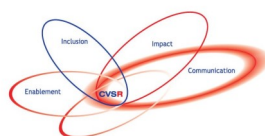
Rochdale OL16 2UP

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Email: reception@cvsr.org.uk

GM CommunityDevCo Ltd is the trading name
of

Pride Media Association



**New courses starting all the time
all across the borough.**

**Please get in touch and we will do our
best to find a course near you.**



**Are you struggling with your
smartphone, tablet or computer?**



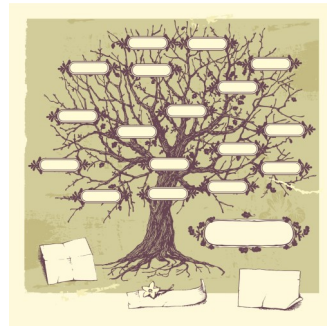
If you are a complete beginner, aged 50
years or over and live anywhere in the
Rochdale borough, then why not contact
us?

We offer a **free** course designed to help
older people get to grips with modern
technology such as tablet computers,
smartphones and the internet



If you live in the Rochdale borough, are aged 50 or over and have little or no knowledge of computers, tablets or smartphones then why not join one of our free courses?

Our structured, 8 week programme will help you to gain the confidence you need to use modern technology to enhance your everyday life.



Our courses will help you to gain skills and build confidence so that you can get the most from your laptop, tablet or smartphone.



We'll start right from the beginning showing you how to turn on your device and how to use the keypad and voice control and we'll move on slowly to show you how to use the internet, send and receive emails, use Skype and take, edit and send your photographs on a tablet or smartphone.



Is it for me?

Well it's just 2 hours a week for 8 weeks and:

- It's free
- It helps you stay active
- You can have fun whilst learning
- You can keep in touch with others
- You can stay informed

Our courses are run by trained, friendly staff and we have a team of volunteers to provide extra support. Our courses are designed especially for those who are aged 50 and over.